FOR INFORMATION CALL

July 13, 2017

**Ald. Terry L. Witkowski** (414) 286-2883

## Join Ald. Witkowski and Mayor Barrett for a summer walk

Alderman Terry L. Witkowski will be joined by Mayor Tom Barrett for a walk in the Garden District (13<sup>th</sup> Aldermanic District) on Saturday, July 15, as part of the "Walk 100 Miles in 100 Days" initiative.

The 1-mile walk will begin at **1:00 p.m.** Saturday and should take about 20-25 minutes. Walkers will begin gathering at the lodge at **Holler Park** at **5151 S. 6<sup>th</sup> St**. There will also be raffle prizes at the walk.

"Walking helps the mind and body, and it is especially enjoyable when you can do it with friends and neighbors," Alderman Witkowski said. "Please join the Mayor and me for a relaxing walk through the Garden District."

"Walk 100 Miles in 100 Days" is a city-wide effort to engage Milwaukee residents and families to lead a more active lifestyle and implement physical activity into daily routines.

Please visit <a href="www.city.milwaukee.gov/Walk100">www.city.milwaukee.gov/Walk100</a> for more details on the program, to see about registering and to track your progress. A list of scheduled walks can also be found on the website.